

JANUARY 1, 2010 - No walk . Used the day packing for tomorrow. I do not do this easily.....but with much stress.....what to take, what to put in each bag and etc. With all the rules and regulations as to what is allowed on the plane, how much bags can weigh, the extra fees for extra bags and etc. it is a pain!

Jan. 2, Sat. - Lori picked me up at 8:30. The airport was a madhouse.....like train stations during WWII with hundreds of people traveling and hundreds more there to see them off. I greatly appreciated Lori coming in the terminal with me and handling all the electronic stuff required to check in.....it is beyond my ability. She stayed with me until I got to the security check point. She would have come with me until I was seated on the plane if it was allowed. She really goes all the way to take care of me.....bless her! The flight was almost an hour late taking off because of some “mechanical problem”, which they did not explain but must not have been serious. I had a window seat, the sky was mostly cloudless and I could see the ground and it was beautifula very enjoyable flight.

Casey and Linda Gale, a friend of Jeri's, picked me up at the Phoenix airport. Jeri had planned to be taxi but she was still in CA where she and Kris were called because Kris' mother was ailing and they thought she might die (she rallied and is still alive). Casey had made me a closet by hanging a rod in front of her armoire and had emptied drawers for my use and I was able to get unpacked and settled in immediately. They make me feel **really** welcome.

Jan. 3, Sun. - Fast Sunday. Meetings are 9:00 to 12:00. Picked up their neighbor, Hoot. I enjoyed the meetings. Came home, prepared and ate dinner. Don had the book “Twilight” for me to read and I got started on that and I was “hooked”. They still had their Christmas lights up and they were beautiful. They won second prize in the whole park, which was \$50.00. We played Mexican Train and it was fun.....Casey won, of course.

Jan. 4, Mon. - Up early and walked one time around the trailer park. Helped Kay take down the Christmas lights and decorations. Her neighbor, Jack, was a BIG help. Read “Twilight” for hours and liked it, much to my surprise. Borrowed 12 movies from the park library. Watched “The Family Man”. Walked around the park again. Will try to do this twice a day for our good health. Played Mexican Train. Stayed up late and almost finished reading the book.....now I want to read the next two.

Jan. 5, Tues. Went to Dr. Saylor for a pre-cancer checkup on arms, hands and face. He will do a biopsy on one spot on my right hand. There are so many spots he suggested I use Effudex and wrote me a prescription. Kay also had an appointment with the Dr. and he gave her a shot of something that smooths out a puffiness on her nose where he had operated on her a couple of years ago. We went to WalMart and the Effudex costs \$250.00 so I decided to forget it and do a more consistent use of Aloe Gelly to control the flakiness. If any of them turn into sores I will decide what to do next. Came home and watched “The Goodbye Girl”. Took an evening walk around the park. Twice a day makes about 3 miles total.

Jan. 6, Wed. Went to the Mesa Temple and did one endowment session. Went to the DI and bought a nice bag in which to carry my temple clothes....I was just using a blue plastic bag since I couldn't bring my regular temple suitcase. Went to a movie with Kay and three of her friends. Saw “Avatar”, a way-out sci-fi but it was well done and we liked it. Went to Vera's and picked grapefruit and they are most delicious and she is a sweetheart to share with us. Walked once around the park again.

Jan. 7, Thurs. Walked once around the park. Went to Great Clips for shampoo/style. The stylist, “Melissa” did a pretty good job so I will go there again. Again, we went to some store. Jeri has a laptop computer she is not using and is letting me use while I am here! Brent had done some work to get it set up for me and Jeri brought it over and worked on it some more but will come Sat., call John as he has access to my home computer and they will set it up so it will let me use her computer just as if it were mine. I am very thrilled. Didn't walk this evening. Played Mexican Train.

Jan. 8, Fri. - Walked once around the park. Can't remember what we did all day. We did play Mexican Train.

Jan. 9, Sat. - Walked one time. Went to Frye's for groceries. Jeri came and cut Don's hair. She called John and the two of them spent 3 1/2 hours getting this computer hooked up for me in such a way I can use it. They are wonderful to use so much of their busy time to benefit me. I am amazed!

Jan. 10, Sun. - Regular meeting schedule. All were good. Came home. Had dinner. Took a nap. Worked on computer. Kay worked on her computer preparing a lesson to give in RS in couple of weeks. Went for half a walk. Played Mexican Train and Don won twice which Casey says is very unusual.

Jan. 11, Mon. - Walked one time. Worked on computer. This computer is very different from mine and I am having quite a time learning how to use it. Things keep jumping around on the page or disappearing. It is very slow in its response so I push the keys again and cause myself a lot of trouble. I am sure it will get easier with use.

Jan. 12, Tues. - Walked one time. Went to Jeri's where Casey does the laundry for Jeri almost every week. Jeri had put out her copies of the Twilight books so I got started on New Moon and read until midnight. Went to the club house and bought Brats on a Bun which includes chips, cooked onions, sauerkraut, all the necessary condiments and a drink and they only charge \$2.50, but Kay always pays double as it is a money earning event and her neighbor is in charge of it and she doesn't see how they can make any profit at that price. Anyway, we bought them and came home and ate outside as it was such a nice day. That made for an easy dinner, also. Played Mexican Train. A 7 point earthquake hit Haiti and has devastated the country and it is most dreadful. They fear that hundreds of thousands people are dead. There is no power or water or food and no machinery to rescue trapped people.

Jan. 14, Wed. - Picked up Janice Young and we went to the temple. Went to the Barn and I bought a 14 oz bottle of Bigleoil gel which is less messy than the original liquid. My left leg is swollen and somewhat painful.....it started hurting when I shoveled snow that had avalanched off the garage and breeze way roof on New Years day. I had ignored it thinking it would go away but since it didn't I started using Don's Bigleoil and it helped so I bought my own. Came home, changed our clothes and went to a Sherlock Holmes movie with Gertrude Hancock and Vera Hayter. They are really cute ladies. Gertrude always drives and refuses any money for gas; Vera brings each of us a little baggie with a small Snickers bar, one Hershey kiss and two or three chocolate covered peanuts. Gertrude also usually has a coupon that lets us get a tub of popcorn for \$1.00 instead of costing \$4.50, then she gives each of us a toothpick afterward.....cute! The movie was very involved, loud, and quite violent and I had a hard time understanding what was being said as they spoke with their British accent, but the fun of being included in their outing made it all worthwhile. Came home, fixed and ate dinner, cleaned up afterward. Went to Janice Young's and picked two bags of oranges off her tree, which was very sharing of her. Brother Ed Peterson came Home Teaching. He is a very nice man, prepared with a message to share. After he left we again played Mexican Train. The TV pictures of the Haitian earthquake are most dreadful. Rescue and humanitarian aid from other countries is getting underway but it takes 24 to 36 hours before it starts to show up, and people are dying.

Jan. 15, Thurs. - Walked. Read New Moon many hours. Casey worked on the Relief Society lesson she will be giving. Watched the reports on the dreadful conditions in Haiti.....a living Hell for those people. Played Mexican Train.....this time I managed to get over 400 points, which Casey says no one has ever done that bad before.....it is a good thing that I don't care!!! Received a packet of mail that Lisa Anderson sent me as the PO goofed and put in my mail box. Casey called and they had the stop mail instructions right there but delivered it anyway.

Jan. 16, Fri. - Walked. Came in the house, sat down and started reading New Moon and read until I finished it, which was 12:00. It was also a very interesting book. Gertrude brought me her copy of Eclipse and I will wait awhile before starting that one. Lisa called and said there had not been any more mail left in my box so I assume that is straightened out. People are so nice and helpful to me and I greatly appreciate it. Worked on the computer. Watched CNN and FOX news channels. Played Mexican Train.

Jan. 17, Sat. - Walked. Went to the bank, and to two grocery stores and to WalMart. Went to see the movie New Moon with Gertrude and Casey. I have to admit that I liked it which surprises me. Gertrude is a movieaholic if there ever was one!! Played Mexican Train.

Jan. 18, Sun. - This was Ward Conference here and it was well done. I enjoyed it except that the adults stayed in the chapel the entire three hours, with break when we could stand up for a few minutes at the end of hours 1 and 2. Came home, prepared and ate dinner. Took a nap. Don is suffering so much pain it is just awful. He took Ibuprofen {which the Dr told him to never take} in the car and at church without any water, and that is a big NO-NO, but he says other pain meds just don't help. I feel so sorry for him. Played Mex Train. I am still reading one page of A Lamp Unto My Feet and one chapter of the Book of Mormon every night no matter how late it is. Raymond called and scolded me for not getting in touch with them....he pointed out that I have been here 2 weeks and a day and that I was very negligent, and I agreed with him. He said he forgave me, though, and I thanked him for that, and I mean it. He told me that **Yvonne died this morning and I am happy for her. He is flying up on Thurs for the funeral. He put no pressure on me to go and I appreciate that. I told him I hadn't even gone to Bea's funeral so didn't think I would and he thought that was OK.....I doubt that Shirley will be that forgiving, and will think less of me, but will have to take that chance.** Read one chapter of Eclipse.

Jan. 19, Mon. - Walked. Worked on the computer. Read a lot of Eclipse. Went to stand up from the couch without sliding forward a little and really pulled a muscle or tendon or something I don't know about and it hurt like crazy and I could hardly walk...DUMB!! Went to Vera's and picked lots of grapefruit, which I get to eat as Don can't have citrus and Kay prefers oranges and we have lots of them picked off Janice Young's tree. Lucky us. Jackie and Lud arrived and Kay went and guided them into their parking space. We are all very grateful they arrived in safety. They so wanted to come and their health problems are so great it was very iffy they could make it. It was sunny when they first arrived but began raining a little later and really poured down. We went to see them and they were all set up with their patio carpet, furniture and roll out awning. They have a really lovely travel trailer with all the amenities. Came home, fixed dinner, ate, cleaned up. Played Mex. Train..

Jan. 20, Tues. Didn't walk because of my leg.....used lots of Bigleoil on it. Went to Jeri's to do her laundry. All I did was help fold clothes. Sat and read or watched CNN. In the big storm last night Jackie and Lud's big awning was ripped right off their trailer and that is awful!!! Not only for the money but for the time, work and stress involved. Played Mex Train. Finished reading Eclipse.

Jan. 21, Wed. - Picked up Janice and went to the temple. Rained very hard part of the day, along with wild bursts of wind which have done lots of damage all over the area. Trees tipped over, yard furniture blown over and broken. Neb's red glass ball was blown off its pedestal and smashed. Went to visit Jackie and Lud. Played Mex. Train.

Jan. 22, Thurs. - Walked. Went to Great Clips and had a hair cut, shampoo and style. Started reading "Breaking Dawn." Jackie and Lud's new awning will co yourst \$1,200.00 and the insurance will pay \$700.00, too bad it happened. Played Mex. Train. Gary, Joy, Jasmine and Lydia came from Utah to a convention where Joy hopes to sell her felt products. They also will be here for Don's 90th birthday celebration.

Jan. 23, Fri. - Walked. Read Breaking Dawn. Played Mex. Train.

Jan. 24, Sat. - Walked. Casey made two raspberry jellos and I boiled 2 dozen eggs for party tomorrow. Read book. Went to a couple of stores. Played Mex. Train.

Jan. 25, Sun. - Regular meetings. Casey gave the R S lesson and it was super excellent. That is no surprise as her talks and lessons are always that good, however, this time preparing the talk was extremely stressful for her, like they always were for me, so I had empathy. Even told her she didn't have to ever do it again.....just tell anyone who asks that she doesn't do that any more. After 18 years of teaching that is what I finally had to do to save my sanity. There are other ways to serve that don't jeopardize your health. Came home and I made deviled eggs for Don's party. It

was held at Kris and Jeri's and it was his 90th, being held a few days early. It was a most delicious buffet dinner, and was a family celebration with 20 people there: Gary, Joy, Jasmine and Lydia; Paul, Nancy, and Nancy's sister Barbara; Paul's son Jason and wife Christine; Brent and wife Sarah; Trevor and wife Jodi; Lud and Jackie Olsen (here on vacation for 2 months) Kris and Jeri; Don and Kay and myself. It was a very diverse group as to religion, no religion, and very different political convictions. Casey was a little fearful that there might be some stressful interaction if those subjects came up, but that didn't happen and it was a joyful occasion. Don was very pleased with his cards and LOTS of chocolate gifts.....not good for him but he is convinced that the flavinoids in dark chocolate has health benefits.

Jan. 25, Mon. - Walked. Gary and family dropped in to say goodbye .

Jan. 26, Tues. - Walked. Went to Jeri's and did laundry. Picked up Jackie and we went shopping at Kohl's. Jackie and Casey tried on clothes (Casey HATES doing that). Jackie is a true shopper and knows the store and all it's merchandise, so kept urging her along. I just sat and put things back on hangers. Casey did find one shirt she can alter (UGH) to use for a "modesty" filler for another blouse, but that was all. We also went to 3 or 4 grocery stores trying to find a certain cracker that Lud likes.....no luck there. Lud had come and taken Don to the DI and they had just arrived here a few minutes before we came. We, and they, had been gone 3 hours. I asked Lud how it went at the DI and he just said "long".....so I don't think he will want to do that again! Played Mex. Train. Finished New Moon. Well, I guess I'm glad I read the series but will never reread them. Anyway, I now know what all the enthusiast are raving about, for what that is worth.

Jan. 27, Wed. - Went to the temple with Janice and Kay. Went to see the movie Extra Ordinary Measures, with Gertrude, Vera, Jackie, Kay and me. A most inspiring movie about the development of a drug that saves lives of children. That was fun. Home and had dinner. Called Zions Bank and tried to get a bank statement sent to me for Dec and was told they couldn't send me one, that I would have to access it on-line, then went through an hour of agony as a customer rep tried to talk me through setting it up, he was very patient but finally said he would send me one in the mail. However, if he sends it to my Murray address the PO will not send it here!!!! some sort of a required regulation. So here I am stymied and stressed out to the max. Then Casey tried to talk to them and see if they could just send it to this address but that didn't work out either. We took a break and she worked on hemming a pair of her pants and I started to shorten a skirt. We couldn't see very well as the items are black and it was evening and we neither one of us has good eyesight. Had to stop so we could listen to Pres. Obama's State of the Union address and it didn't make me feel any more hopeful about the terrible mess our America is in.

Jan. 28, Thurs. - Was raining hard this morning so we didn't walk. . Amazingly Casey was able to go back to sleep. I couldn't, so worked on the computer. Kay pulled a muscle in her leg and it hurts like crazy. She immediately rubbed it with Bigleoil and used a small vibrator on it and it seems to have helped enough that she is able to carefully walk. Dropped Don off at the DI and Kay and I went to Wal Mart for a few items, then to JoAnne's for sewing stuff. Picked Don up and he asked to go to Walgreens Drug so we dropped him off there for an hour (they were having a closing-the-store sale). Jackie and Lud came to visit. Kay, Jackie and I played Mex. Train.

Jan. 29, Fri. - Walked. Kay and I went to a big wood carvers/wood burners show. Her neighbors, Jack and Elaine Proseilo had many items to display. They are very talented and their works are professional quality. The show was fun to attend. Went to pick up a piece of glass that Kay had ordered to put on top of their little fireplace cabinet and it looks very good. Had ½ hr before Gertrude came to take us to another movie. This was one of the best movies I have ever seen....."Blind Side", a true story about a very neglected black teenager who was taken in by a wealthy white family who really loved him and helped him in every way to become a success. Loved it so much I think I'll buy a DVD when it comes out. Lud and Jackie moved their trailer to a spot very close to D and

Kay's Today is Don's official birthday so we went to The Asian Restaurant for dinner. Jackie and Lud came, too. Busy day.

Jan. 30, Sat. - Walked. Typed on computer. Went to another movie....."Invictus" , which is about Nelson Mandela's triumph over his imprisonment and persecution to become President of South Africa and the man who accomplished an end to apartheid. Another outstanding movie. Played Mex. Train.

Jan. 31, Sun. - Attended our meetings. Freddy Copier called to let me know that Ethel Hart died today. I am so happy for her, as that is what she has wanted for several years. She was one brave, valiant lady. Played Mex. Train.