

JANUARY 1, 2011

Sat. New Year's Day. No walk. Took down all Christmas decorations, including the tree. This is the first time in my married life our tree was taken down before Feb. It is an all day job to accomplish. The bare tree is there and Doug will help me bag it on Mon. No talk with Casey.

Jan. 2, Sun. - Fast Sunday. Our new schedule is 9:00 to 12:00, thanks to the Spanish Branch that meets in the same building. They asked for the 1:00 to 4:00 slot and we in the 8th Ward are delighted to trade with them.. Took a 2 hour nap. Typed a lot in my 2007 journal. Had a short talk with Casey.

Jan. 3, Mon. - Walked. Called John about computer problem. Read email and replied. Did more typing in journal. Doug was here 2 $\frac{1}{2}$ hours for his usual lunch and visit. We sat in front of the fireplace to visit and it was lovely. We bagged the Christmas tree and stored it away until next Dec. Left home at 8:30 and went to the airport to pick up Elizabeth who is returning from Christmas vacation to return to BYU. She has a friend coming in from CA for the same reason and Liz is giving her a ride down. As it turned out both of their planes were late and we didn't get back to my house until midnight. They just moved their luggage from my car to Liz' car and hurried away. They both had early morning classes so it made for a night with little sleep.....not a good way to start the semester!

Jan. 4, Tues. - Too tired to make me walk. Did some reading and typed more on my 2007 journal. Was moving right along but did something wrong and my computer froze up and I couldn't solve the problem. I turned it off and re-booted but that did nothing. Left it on hoping it would clear up its own problem, or that Doug could solve it when he comes on Thurs.

Jan. 5, Wed. - I picked up Vi Wharton and we met Lou (Lori

Nickerson) and my Lori for breakfast at IHOP. It was the only time we could get together as the girls are sooo busy. We had a nice visit. Met Barbara, Antoinette and Dixie Whitaker at Mimi's for dinner. The food was delicious and we had a great visit. Since I don't eat out very much, but really like to, I was sorry these two were on the same day instead of spreading out the pleasure.

Jan. 6, Thurs. - Went to the temple for one session, then directly to Melanie's for a perm and the works. I took regular clothes with me to change into. Went to Ream's and selected 8 birthday cards for those I remember in Jan and Feb. Doug was already here when I came home. He needed to come early and leave early. Visited in front of the fire again. He checked out my computer and it seemed to have fixed itself. Mr. Bronson from Granite Credit Union came and brought me the contract on my annuity policy and I was glad to get that before leaving for Mesa. Went to Catmull's to see Ella, their new baby, and give them a congratulations card and a gift card, and I held Ella and she is a beauty. This is their first and they are not a young couple, so she may be an only child. Debbie Alfred called and we had a long talk. She and her friend, Reva, are going to the temple in the morning and invited me to go with them. I would love to go with them again but have to get packed and ready to go to Mesa and I am not a quick packer. Debbie said her son John is serving on the Indian reservation in New Mexico and is really loving it. I am so happy for them.

Jan. 7, Fri. - No walk. Spent the whole day deciding what I needed to take to Mesa and packing it and for me it is an awful, miserable job.....almost bad enough to never go!

Jan. 8, Sat. - Lori drove me to the airport and came in and helped me until I boarded the plane. The terminal was more crowded than I have ever seen it before and if she had just dropped me off I would never have made it on the plane in time.....just barely did anyway. Jeri and Casey picked me up at the Phoenix Airport and Jeri is very efficient and handled collecting my luggage and getting us to her car. Although I

feel like I am a big bother I greatly appreciate everything people do for me. Jeri came in and she gave me instruction on using her laptop so I can continue typing in my journals. She and Gary are so wonderfully giving to me. Bless them! It is fun to be here with Casey and Don again. Got all my stuff put away, too. They go overboard making me feel welcome.

Jan. 9, Sun. - Casey is feeling very miserable with aches and pains.....her eyes are hurting too. We did not go to church and so it doesn't feel like Sun. I read "The Guernsey Literary and Potato Peel Pie Society", a very clever & interesting novel our Book Group read but I hadn't. Bought a discarded copy from the Murray City Library for \$1.00 Linda Fitt called Casey to tell her that **Joyce Johnson had died**. No doubt that Joyce is happy to be out of here.

Jan. 10, Mon. - Walked a little. Read most of the day and finished the book. Talked with Lori. She finally got the paper work all done and submitted to the insurance company naming me the owner of the policy on Doug. They really make people jump through hoops before they will make any changes. Lori told me that Chris has been doing Family History research on his parent's lines and has about 40 names temple ready!! I am proud of him and amazed. Called Kirma and Ray to let them know I am here. Kirma's sister, **Tess, has died** and on Fri she will be flying to Idaho for the funeral. We will get together later. Played Mexican Train.

Jan. 11, Tues. - No walk. Kay's eyes are swollen, red and filled with puss.....very miserable. For lunch/dinner we bought the Brats & Buns that are sold once a month to raise money for activities in the trailer park. Went to Vera Hayter's and picked grapefruit and oranges. As I said last year, Vera's grapefruit are the best I have ever eaten, and she told Kay she is not giving any of them to anyone but us! Had a long talk with John about computer problems. He will talk to Jeri and Gary and try to help straighten things out. I am so lucky to have all these knowledgeable gurus able and willing to help me!

Jan. 12, Wed. - No walk. No temple as Casey is too sick. Spent several hours entering names and phone numbers into a new phone directory, which is something I have needed to do for several years (really.) Will be glad to get it done. Went with Casey to an Instacare facility for some medical advice and that turned out to be a crazy experience. Kay was taken into an examination room and waited, and waited and waited. She finally came out into the lobby area and sat down because the exam room was so cold she was freezing and no one had come to see her yet. An assistant had Kay go back into the other room saying the Dr would be there in a few minutes. I went with her this time, and it was still quite a wait. The person who was supposedly the Dr was so unprofessional we could not believe it. She neither looked nor acted nor talked like someone who had been to medical school or any other higher educational school, for that matter. She took a swab from each of Kay's eyes and left the room, not saying anything. Then we waited and waited again, and wondered what was going on. She finally came back and gave Kay a prescription for eye drops that "may or may not help" depending on whether the problem was caused by virus or bacteria, but if Kay's eyes were not improving in two days she should go to an ophthalmologist. Kay asked her the results of the swabs and she said they would have to go to a lab for analysis and it would be several days before she would know, and if it was necessary she would call Kay and tell her. One thing for sure is that Kay will never go there again and won't recommend it to anyone else. Played Mexican Train again.

Jan. 13, Thurs. - No walk. Went to the pharmacy for eye drops. Filled 4 bottles with grapefruit chunks and juice for Vera.....her hands hurt too much to dig them from the rind. Finished the phone index...YEA! Kay canceled her chiropractor appointment. Played Mexican Train.

Jan. 14, Fri. - No walk. I am reading "The Silence of God" a historical novel about the Russian Revolution. The story includes a family who were the first members of the Church of Jesus Christ of LDS in Russia. Very interesting. Read until 11:30 PM, when my eyes gave out.

Jan. 15, Sat. - Kay's eyes are doing a little bit better, thank goodness. She gets two drops in each eye every four awake hours. Read the book late into the night again.

Jan. 16, Sun - Casey too sick to go to church. Jeri and Kris came and took me there. I appreciated that. The weeks just don't seem normal nor go as well when I miss church. Freddy Copier called and told me that my friend **Darlene Smith died this day.** I am sure she is greatly relieved as she has been so sick for so long. I wonder who they will add to my Visiting Teaching district? Called Judy Owen and we talked for 3 hours.

Jan. 17, Mon. - Kay went to the chiropractor. Lori called about the insurance policy on Doug.....said the company finally acknowledges that I am the sole owner of the policy so I can now do with it what I want, so I will close it out, get the funds and put them in the bank and won't have to draw on my Total Control account. It is still earning 3% interest which is better than anything else available.....too bad I can't deposit money into it. Jeri is here working on my computer problems. She brought me a different keyboard, which is an old style, and it works much better for me.....I am very pleased. Played Mexican Train. Finished reading my book and it was very educational history-wise as well as being entertaining.

Jan. 18, Tues. - Walked. Went with Gertrude and Kay to the movie "The King's Speech" and it was excellent. Picked grapefruit and oranges at Vera's. Typed in 2008 journal. No game this day.

Jan. 19, Wed. - Went to the temple. Went to Kinko's to FAX insurance information requesting that the policy on Doug be terminated and the proceeds sent to me. The deadline to keep them from using funds from the policy to pay the yearly premium is tomorrow, so this was just in time. Electronics are most amazing to me. Went to Janice's and got oranges and borrowed her juicer and used it, getting two quarts. Her oranges are very small and full of seeds but the juice tastes good.

Kay went to the chiropractor. We also went to Albertson's, to the Sunflower Market then to Sweet Tomatoes to buy their honey-mustard salad dressing. Typed in journal. Played Mexican Train.

Jan. 20, Thurs. - Walked. Hairdo. Went to SASS for buttons. Went to another movie with Kay and Gertrude. This was "Secretariat", about the most famous racing horse in history. I really enjoyed it a lot. Pureed more asparagus. Kay went to the ophthalmologist and he did a very thorough examination and said her eyes are healthy. We are relieved to be assured of that. Lisa Anderson called and Michelle had seen we had mail in our box so took it to their house. Lisa offered to send the important stuff to me and I appreciate her. The PO drives me crazy.....I had put in a change of address form several days before leaving and received an acknowledgment form from them down here, but no mail. Gary, Joy, Jasmin, Lance and Lydia came to Mesa as Joy has a space at some convention area in which to sell her felt stuff.....I have never known exactly what her business is, but she is successful in it. They will be here until Sunday. Played Mex Train.

Jan. 21, Fri. - Walked. Gary and his girls came and while he worked on my computer setup the girls played their Wii. They are skillful playing golf, bowling, and other games. I had never seen anyone play it before. They had Kay and me try both games and it takes more effort, coordination and interaction than I had supposed. We went to the Golden Gate for lunch and that was nice. Played Mex Train.

Jan. 22, Sat. - Walked. Went to the Proscillo's and saw Jack and Elaine's wonderful wood burning pictures and his carvings.....they are both so very artistic in so many media.....most impressive. And they are wonderful neighbors to Don and Kay. Jack helps her put up their Christmas lights and all sorts of other help.

On the 29th it will be Don's 91st birthday and since Gary and family are here they are celebrating a week early. Kay made a birthday cake and helped pay for a vegetable tray & dip and a lovely fruit tray from Costco.

Jeri made Sloppy Jo to go on rolls and it was all very good. Brent & Sarah came and also Trevor. Played Mex Train.

Jan. 23, Sun. - Casey still not able to go to church so Kris and Jeri came and took me there, and I appreciated it. Watched a 2 ½ hour production of Joseph being sold into Egypt and etc. It was excellent and I was amazed to see something like that on TV. It was on a Christian station.

Jan. 24, Mon. - Walked. Got birthday cards in the mail to Mel Thayne and to Cathy Bowles. Did my VT on the cell phone to Bonita, Jeanne and Freddy, then reported it to my supervisor. Played Mex Train then watched The Old Curiosity Shop, a story by Charles Dickens and it was well done. Wrote an email to John.

Jan. 25, Tues. - Walked. Casey to the chiropractor again but the treatment didn't seem to do much good. She has constant pain. She is using ice packs on her neck and it helps a little. Mex. Train.

Jan. 26, Wed. - To the temple. Casey went to an Ophthalmologist and he did a thorough eye examination and said her eyes are healthy, which is a BIG relief. They still bother her a lot but we know she is not about to lose her eye sight. Picked oranges and grapefruit again. Did 4 more jars of chunks and juice for Vera.. Watched an old "David and Bathsheba" movie, with Gregory Peck and Susan Hayward. Mexican Train

Jan. 27, Thurs. - Walked. Hairdo for me and Casey washed her car while I was being done. Went to SASS for fabric. To Jeri's and did the laundry. Went to WalMart and to Jolene's. To Best Buy to buy a DVD of Secretariat as a thank you gift for Gertrude. Kay went to the chiropractor again....still no relief. Watched an episode of Sherlock Holmes on TV.....entertaining. Mex. Train.

Jan. 28, Fri. - Walked. Went to a big Wood Burners and Wood Carvers show because Jack and Elaine were showing their things. Got

lost so it took us an hour to get there. Stayed at the show long enough
to show we are interested and appreciative. Mark and Andrew flew
down from OR and will sleep at my house. Andrew will have an audition
tomorrow at BYU hoping to be accepted into the school of music.
Elizabeth is going to drive up and sleep there too, and I feel cheated not
to be able to see them.

Jan. 29, Sat. - Walked. Paul, Nancy and BIG DOG Aspin came over to celebrate Don's birthday. Nancy brought a cake and cupcakes, and a potato casserole.....Casey made jello, green salad, cheese ball and crackers. There was ice cream, too. Good dinner. They had Aspin perform for us. She is a very smart dog and Paul delights in showing her off. He is training to become a certified dog trainer and just loves it. Aspin has gone into nursing homes and hospitals over 100 times to date. Patients just love her. This is quite an accomplishment and I am happy for Paul. Received a check from American General Life Ins. Co for the value of the canceled policy on Doug.

Jan. 30, Sun. - Don, Kay and I to church. Sac. Meeting, Sunday School and Relief Society/Priesthood Mtg all held in the chapel so I went for 3 hours without standing up and felt welded into the bench. Couldn't hear the speakers nor teachers very well and was very sleepy so it was not one of my most uplifting Sundays. Back to the house, got dinner over with, played Mex. Train. Was going to watch a program about the Apostles Peter and Paul (which was scheduled) but didn't come on. Listened to a couple of Christian ministers, then went to bed.

Jan. 31, Mon. - Walked. Typed on computer. Tried to access my Quicken so as to reconcile my Dec bank account but can't get in.....soooooo frustrating! Since I am on Team (something or other) with Gary Kay called him and he could access it from his computer and said my mouse needed a new battery and to have Don replace it for me. Casey did it herself, then I tried again but part of the needed information had disappeared so I couldn't. Will have to bother Gary again. It is a good thing I am not a swearing woman or I would be doing it!!! Pureed 4 more cans of asparagus. Lori called to get the number necessary to open my garage door as Chris needs something in there to work on his car. She said that Mark, Andrew and Elizabeth came and took the family to Sweet Tomatoes for dinner, then came back to their house and played games. Sounded like they had fun. Liz drove Mark and Andrew to the airport yesterday for their flight home. That worked out well. Dumb thing is that I forgot to ask Lori how Andrew did with his audition!