

SEPTEMBER 1, 2011 - Thur. No walk. Stayed in my P.J.'s and in bed most of 24 hours. Drank lots of water but ate very little food.

Sept. 2, Fri. - No walk. Called the Dr and told him I was not feeling any better so he phoned in another prescription but it was too late in the day for me to get to the pharmacy before it closed.

Sept. 3, Sat. - No walk. Got new prescription. It was another stay-in-bed-day, except that I did pick 8 cantaloupe. Gave two to Casey. Had to miss the Brigham Group party held at the Manning's and am very sorry about that. Watched "The Dead Poet's Society".

Sept. 4, Sun. - Didn't go to church nor to D & G's for dinner. Casey brought me her Kindle and set me up to read "Journey to the Well". I read for hours. Marilyn Jensen brought me a wonderful dinner that was YUMMY. She said it was just what she had cooked for her son who came to dinner but it amazed me as she does such things as stuffed baked potatoes topped with cheese, hand made rolls, and pie!! Lots of other stuff, too, and she is such a good cook. That was almost worth being sick for :-).

Sept. 5, Mon. - No walk. Finished reading the book and loved it. Doug came and picked over a quart of raspberries.....ate lunch.....mowed the lawns. Mel Thayne dropped off a copy of Emma Lou's book "The Place of Knowing", which is her Spiritual Biography. Very nice of them to give it to me and the other Brigham Group friends. Freddy and Govert brought me a plate of pancakes, sausage, eggs and syrup from the Labor Day free community breakfast held at the Stake Center. Very thoughtful of them and soooo Freddy! She is the most naturally compassionate person I have ever known. Checked email.....it had been a whole week. Antiques Road Show. Called Barbara.

Sept. 6, Tues. - Walked.....slowly. Weeded North parking strip again. Picked veggies and cantaloupe. Drapers came to check up on me.

Sept. 7, Wed. - Temple. Sunflower Market. Helped Casey on altering her blouse. Weeded between sidewalk and the fence and the spaces in the sidewalk using my butcher knife.

Sept. 8, Thurs. - Walked. Melanie is still on her trip so no hairdo. Picked 1 quart of raspberries. Doug came on his bike and Gwendolyn brought Sarah as she wanted to visit with me. They had lunch and rasp and ice cream. Doug used the computer then left. Sarah and I walked down to the "river", sat and had a long, good visit. Gwendolyn came and drove her home. Gwendolyn has to go to the Dr for a bowel clean-

out.....sounds dreadful to me.

Sept. 9, Fri. - Bottled 7 quarts of tomatoes. News Hour, Washington Week in Review Keith came for a little while.

Sept. 10, Sat. - Walked. Rode with Walkenhorsts to the High Priest's social at Don Christensen's cabin 36 miles away. His cabin is a delight and he has done all the work himself. Building it and even making furniture, and he continues improving it. The thing is that Mary (his wife) does not like it and has only gone there 2 or 3 times and never overnight! I think that is very sad. It was a fun evening. On the way home we had a flat tire but were fortunate in that it happened after we were out of the rough road area. In fact, we had just reached the paved highway and off to our left was a service station where George drove, stopped under a light and changed the tire. Couldn't ask for better accommodations than that! When we got home I left \$10.00 on the seat to help pay for the gas.

Sept. 11, Sun. - Regular meetings. Went to L & C's for dinner. I took cut up cantaloupe and one quart of fresh raspberries. Also gave them a whole cantaloupe. Played Hunter's game of "Zombies and Humans".....the game was made to fill a school assignment. Saw the Tabernacle Choir's tribute to those killed in The World Trade Center disaster. It was narrated by Tom Brokaw. Marnie was at school so I missed seeing her.

Sept. 12, Mon. - Walked. Started reading "The Help". News Hour, Antiques Road Show 2 hours.

Sept. 13, Tues. - Walked. Bottled 14 quarts of tomatoes. Took grapes, tomatoes and one cantaloupe to Jeanne. Drapers came HT/VT.....always an upper to have them come.

Sept. 14, Wed. - Temple.....home by 10:00 Read the book. Picked raspberries. Took veggies and 1 cantaloupe to Copier's Book Group and I hadn't finished the book yet so stayed up until 1:00. It was a great read.

Sept. 15, Thurs. - Walked. Hairdo. Casey went to the Dr for an MRI and was in the machine a whole hour. I took one big cantaloupe to Bells. Doug came for a three hour visit and lunch. He is stressed as his friend Rocky is on death's door.

Sept. 16, Fri. - Walked. Read email. Wrote letters to Dixie, to Ricky, to John, to Debbie Alfred. Andrew has been officially accepted into the music program at BYU...YEA! Bottled 7 more quarts of tomatoes. Made Taco Soup. Called Raymond. Tried to call Judy.

Sept. 17, Sat. - Walked. Took care of the bottled tomatoes and the canning stuff. Picked zucchini and 3 pints raspberries. Typed $\frac{1}{2}$ of May 2011 into my journal. Lori has been hired by Charter Schools to do substitute teaching when they need someone. Hopefully she will get some calls.

Sept. 18, Sun. - Regular meetings. Baked rolls. To D & G's for dinner. Saw a 30 minute DVD produced by Alex on his Grandpa Gordon Maughan.....very well done. Nice time with: D & G, Jimmy, Amy, Alex, Tamara, Brayden, Asher and Sarah.

Sept. 19, Mon. - Walked. Picked zucchini and trimmed the plants. Picked raspberries. Pulled up the cucumber vines....they did not produce quality cukes and I think I will never plant them again. Doug came late and had lunch and visited, then mowed. His friend Rocky is barely alive but Doug goes sees him every week and tries to be a support. Watched two Antiques Road Shows.

Sept. 20, Tues. - Walked. Read email and answered some. Sprayed lawns for broad leaf weeds.....slow, tiring job.

Sept. 21, Wed. - Temple. Took grapes and tomatoes to Jeanne.....zucchini and toms to Freddy.

Sept. 22, Thurs. - Walked. Hairdo. Reams and Wal Mart.....bought 10# of chicken legs. Picked raspberries. Doug came, had lunch and a visit. I Cooked and deboned the chicken, ready for the freezer.

Sept. 23, Fri. - To temple with Reva, Debbie, and Casey. To Smiths and to bank. Used hand clippers and cut the tall grass against the west side of the house, also cut out a strip of grass. Watched a special on Placido Domingo and enjoyed it.

Sept. 24, Sat. - Walked. Picked berries. Cut up chicken and put it in the freezer for chicken noodle soup for after conference dinner. Sorted our medical records and got all of Mer's ready to be shredded. Hand cut the tall grass along the front fence.

Sept. 25, Sun. - Missionary farewell for Keaton Flitton who is called to go to Russia. Other meetings were as usual. Went to the open house for Keaton, held in Marilyn Jensen's lovely back yard. It was very nice. Chris has been hired on a part time job to inspect houses that have been repaired through a government funded project for needy people, to be sure the repairs are done right. It is a limited program that will be over in March, and it only pays about 60% of what he used to make, but we are thankful for a start. I chose to stay home for dinner and the evening.

Sept. 26, Mon. - Walked. Pulled Spurge for 2 hours and that didn't even begin to get what is out there. Washing. Took grapes to Jeanne. Kaycee has been diagnosed as having carotid artery blockage and will need an operation! Dreadful. Art Ball and Keith had their first discussion about installing the culvert in the ditch. Watched two hours of Antiques Road Show.

Sept. 27, Tues. - Walked. Pulled Spurge another two hours. Picked raspberries and also 2 buckets of grapes. Kay went to a neurologist and has 95% blockage in one artery and 75% in the other! She will see the surgeon tomorrow and set an appointment for an operation. This is very serious business. Dusted, dusted, and dusted the whole house using the vacuum cleaner and micro-fiber dusts cloths. I don't really like them as they seem to just push the dust around but don't pick it up. I don't understand why people rave about how good they are.

Sept. 28, Wed. - Temple, and saw Norvalla Anderson. After the session we visited with her until 11:25. Grapes to Jeanne. Casey to Surgeon and he checked her arteries again and said her blockage is only 43% so she will not have an operation. We are immensely relieved, but wonder where the first figures came from.....sounds like sloppy testing to us. Did more dusting and vacuuming.

Sept. 29, Thurs. - Walked. Hairdo. Wal Mart, Reams, Picked raspberries. Doug here 2:00 to 5:30 and he talked a length about his weird ideas and beliefs. He went to Smiths and bought ice cream bars, green peas and milk for after conference dinner Sun and put them in my fridge/freezer. While he was talking to me Keith had come and had dug out the roots to the Blue Rug.....dreadful job! This has been an emotionally draining day. I began cooking dinner but Keith said he had to go to Provo to help Antoinette with something, so I just quit preparing.....ate a little something and went to bed at 8:15.

Sept. 30, Fri. - Walked. Went with Kay and we got flu shots. Went to Costco and got frozen broccoli for Sun. dinner. Don picked green beans and got them all ready to cook and gave me a big bag! Nice of him. Picked 2 buckets of grapes.....took one to Jeanne.