

FEBRUARY 1, 2012 - Wed. - Temple. Costco, Wal Mart. Made popcorn balls to mail to Mark for his birthday on the 5th. Don reglued two wooden chairs while we were at the temple. They have needed it for a long time. Dinner, then played Mexican Train. Typed on my journal.

Feb. 2, Thurs. - Walked. Bagged and boxed the PCB's ready to mail. Kay went to Sunflower Market while I was getting my weekly hairdo. Went to SAS and bought seam tape for my pants and Kay's skirt. Went to Sears to pay our Discover Card purchases. Went to PO and mailed PCB's. Watched an old VHS movie called "Glory Days". Had dinner, then played Mex. Train. I don't know why I like playing as I loose almost every game! Typed in my journal.

Feb. 3, Fri. - Walked. Went with Gertrude, Kay, and 2 ladies from the ward to see "Extremely Loud and Unusually Close", a movie about a young boy trying to make sense of life after his father was a victim of 9/11. Played Mex. Train.

Feb. 4, Sat. - Walked. Don, Kay and Kris went to the Credit Union and met Dorothy and completed the selling of their house. This is a real blessing in their lives. Raymond and Kirma came and brought us some of his citrus. They took me to their home where we spent the afternoon visiting. Had dinner then watched four hours of the political caucus being held in Nevada, where Romney won over Newt Gingrich by a land-slide. Went to bathe before going to bed and found I had left much of my grooming stuff at Kay's home.....no tooth gel nor tooth brushes, no deodorant, no toner, no aloe gelly, no makeup remover!!!!!! I did have makeup base, mascara, lipstick, lotion and a hair lift and comb. So I made-do and looked OK but didn't feel really groomed. How could I forget all that? Scary!

Feb. 5, Sun. - Fast Sunday. We drove down to Tucson to go to church with Alan, Aleana and family. Their son, Joshua, was being ordained a Teacher and Raymond feels it is important he be there and stand in the circle. Aleana is Hispanic and belongs to a big family and all of the ordained Melchizedek Priesthood relatives came to join in, too. After the meetings we went to their big, beautiful home where all the adult female relatives prepared a wonderful Mexican dinner which I really enjoyed (all but the tamales). There must have been 30 or more people there.....lots of kids who had a ball playing with their cousins. They were all so warm and nice to me I didn't feel out of place at all. After that we left and drove back to the Mesa area and went to Judy and Stuart Aadam's home for about half an hour, then followed them to their daughter Amy's home for FHE. The lesson was given by Lauren and she did a good job. We had Red Velvet Cake for dessert and it was delicious. When that was over Ray and Kirma brought me back to Nebeker's. This was a busy, interesting, enjoyable, happy day. :-)

Feb. 6, Mon. - Walked. Kay set me up on her Kindle to read "Touching Spirit Bear", a story written for middle-school aged kids but was very good. Jeri read it to her school kids and they loved it and so did I. Had dinner, played Mex. Train. Wrote in journal and started reading "Tangerine" on Casey's Kindle. This is another book Jeri recommended.

Feb. 7. Tues. - Walked. Went to thank Jack Proseilo for the jar opener he made for me. It will need to be mounted under the cupboard over the toaster oven, if there is room, if not there I don't know just where to put it. It looks like it would be very effective. Read my email on Casey's computer....Doug has written a 48 page tribute to Rocky Russo. I read 3 pages but need to make a copy when I get home to read the rest. Both Ricky and Phillip are having wonderful success on their missions and I am so proud of them. Was reading "Tangerine" and read until I hit the wrong button and sent it away. Casey was able to get it back for me. Had dinner then played Mex. Train. Finished reading Tangerine and got in bed at 11:15.

Feb. 8, Wed. - Went to the temple. To the bread store and to Mexican market for veggies. To Sears to pay Casey's Discover Card. Back in January I got a birthday card ready to send to Heather but didn't want to send it that early so put it in the big envelope where I keep all my paper stuff and forgot it.....so, it didn't get mailed until today, which is her birthday.....how lame is that? Went to a movie with Gertrude, two of the ladies in their ward and Casey. It was "Breaking Dawn" which was not a good movie but Gertrude knew I had read the books and she wanted to see it. I remember when reading the book that I didn't like it but went anyway. The only nice thing was being with enjoyable friends. Played Mex. Train. Got a card from Mark and Dixie with a gift certificate for See's chocolates.....yum yum! They are so thoughtful and generous.

Feb. 9, Thurs. - Walked. My birthday. Went to get my hairdo. It was also Melissa's birthday and also a male hairdresser's who works there. Melissa brought me a cupcake with green icing. Cute of her. I gave her an extra \$2.00 on her tip. Casey went to Weight Watchers to weigh in while I had my hairdo. Casey put another story on her Kindle for me to read....."Alice at Heart", which is a fantasy, and I have started that. The mailman brought the sweaters we ordered. I have a white one and Kay has one peach and one blue. We like them so won't send them back. Kay suggested that we go out to dinner for my birthday but that was not necessary for me, so we had frozen teriyaki bowls that are good. Put lots of extra chicken in them. In fact, there is too much for one meal so we each saved half for another dinner. We then played Mex. Train, then had ice cream and 1/3rd cupcake each ...te-he! Started reading but Lori called and we talked for a long time. Then John called.....he had been trying to reach me but the line was busy so he got ready for bed, then tried one last time, and we talked but it was late back there, so I didn't keep him on the line a long time. Got a card from Barbara, one from the Drapers, and a hand written letter-card from Gwendolyn. It is nice to be remembered. Read my daily scriptures and went to bed.

Feb. 10, Fri. - Walked. Kay went outside and painted the pantry-shed and some of the blue trim on the trailer. Spent lots of time reading "Alice at Heart". Watched the news. Typed in my journal.

Feb. 11, Sat. - Walked. Kay's back is just about killing her. When she does a little bit of work one day she pays for it the next day or two. Kay took Don to the DI as he had not been there for about two weeks, and we went and bought some groceries, then came home and took a nap, then went to get Don. He had spent what money he had on more books and Kay is beside herself. He has over 400 books here that he wants to take home and they don't have any room

for them. He has up to five copies of one book and multiple copies of many and it makes no sense to us, but he just keeps buying them. When we got home Don carried the plastic bag in with those he had just bought, got overbalanced and fell down front-ward with his head in the kitchen area. I didn't jump up as he gets really mad when anyone tries to help him and "barks" at them. When he was on his feet I said I was glad he hadn't hit his head on the fireplace and he mumbled something about having done it on purpose to save his books, which is just not so! Later on he discovered he had gouged the inside of his arm up close to the armpit and it was bleeding. When Kay found out about that he said he didn't know how it happened as he hadn't fallen down anywhere.....the pill! I told Kay what had happened but nothing further has been said about it by any of us. Jana has come down from Washington to spend 2 months helping Jackie as she goes in for radiation for her breast cancer trauma. We and she are thankful that Jana can do this. Finished reading the book.

Feb. 12, Sun. - It was their Stake Conference and Casey just was not up to going and sitting on hard chairs for 2 ½ hours and I didn't want to go without her. She called Jeri but they are still sick so none of us went. I don't like missing church as it is my spiritual mid-week anchor. Kay made caramel corn to take to the going away party the Canadians were throwing for Don and Kay this afternoon. We went and it was a lot of fun. At first they had munchies and visiting then later they had a whole dinner with lots of food. They also had a special cake and the icing was colored whipped cream instead of the yucky shortening and sugar of the run-of-the-mill bakery cake, and it was beautiful and delicious. They gave them a beautiful card signed by most of them.....with very complimentary comments. Most of them like their red wine or other alcoholic beverages and they got a bit noisier and more funny as the party went on. I was afraid I would feel out of place, but they are all so accepting and friendly, they made me feel a welcome part of it.....and it is all because I am Casey's sister!

Feb. 13, Mon. - Walked. Jackie called and she is going to start radiation tomorrow for her breast cancer. She will have treatments every day for 28 days. It is a new method they are trying. A form was made that fits Jackie's body and she is in it during the treatment and it sends the radiation to the exact place it needs to go, so is more effective. We are praying it will work for her and that she will be able to endure the process. Jana will drive her to St. Mark's Hospital and back each day. We are thankful she is there to help her. Today Casey went up to Vera's old house and once again picked up the doggie do-do for the lady who bought the place but let us have all the grapefruit. Kay will keep on doing this each week until she leaves or until the lady says she doesn't have to do it anymore.

Feb. 14, Tues.- Walked. Valentine's Day, and Don gave Casey a cute little heart shaped box with three heart shaped Dove chocolates in it. He likely bought the box at the D.I., as that is where he shops the most, but it could have been at Walgreens. Anyway, it was cute and sweet. Got a Birthday card from Nicole and Spencer and they had said "Curtis too". It was a musical card and when I opened it it played "Happy Birthday" and expanded into four tiers that look like a display rack loaded with cupcakes and on the top one is an LED candle, and there are lighted Chinese lanterns on either side.....Very special! They had put two stamps on it but the lady that delivers the mail had left an envelope for me to pay 40 cents additional postage, which I did. The Stake R.S. has planned a special dinner and instructional activity (don't know just what it

is) and asked Casey to bake a peach cobbler for it. They brought all the ingredients (measured out), the recipe and the pan in which to cook it. What could be easier? So she hurried and did it, then when it was cooled she called to find out here she was to deliver it. Found out the activity is not until Thurs! The lady said to keep it in the refrigerator until then and it will be OK as it keeps well for several days.

Feb. 15, Wed. - Temple. Costco for chocolate covered raisins as that is our goody of choice these days. Went to a free movie with Gertrude. It was "The Adventures of Tin Tin".....nothing to do with the old Rin Tin Tin, but was a computer animation that was quite amazing. It was full of wild action and was very noisy and not something I would ever want to see again, however, I do enjoy going places with them. Gertrude really liked it and Casey was bored and nearly went to sleep in spite of the noise. Got a birthday card from Clint and Nina. Paul was in an awful accident.....he was doing something with gasoline and spilled it down the front of his clothes, then was working on a car and a spark ignited his clothes.....another man was nearby and Paul yelled for him to pull his shirt off over his head, which the man did. If he hadn't been there Paul would have burned to death! As it is he has very bad burns on his arms.

Feb. 16, Thurs. - No walk as Casey can't stand on her leg.....she hobbles and it sounds like she has a peg leg....ouch! Hairdo. Went to Dr. Rose, Kay's ophthalmologist, and both of us had our eyes checked. My eyes are healthy and if I wanted to have new glasses he would have written me a prescription, but it was so slight a change I will just keep what I have and save money. The same with Casey, but she still can't see well and has those "fuzzy" feelings in her eyes but there doesn't seem to be anything that can be done. We both had our eyes dilated so I had to use those dark film fillers in my glasses, but she had a pair of real dark glasses in the car. Got dinner over with then played Mex. Train. Watched the news. Typed in my 2012 journal. Today was Bea's and Huibert's birthday.

Feb. 17, Fri. - Started to walk but only went part way when Casey had to quit. Went to another movie with Gertrude....."The Vow", based on a true story and it was really good.. I think that is the last movie we will be going to before I leave, but it has been fun.

Feb. 18, Sat. - Walked about half our usual time. We took everything out of all the cupboards in the kitchen and washed the shelves. Kay sorted things and lots of stuff was thrown away and anything she did not want that was useful was given to the D.I.there were lots of dishes, pans, racks & etc.

Feb. 19, Sun. - Regular meetings. Jeri, Kay and I skipped R.S and Jeri drove us to her school and showed us her classroom, which is decorated with lots of posters, pictures and etc.....I was glad to see where she spends so much of her life. Drove back to the church and waited until Don & Kris came out, then came home. Kay and I changed clothes, and went to the Mesa Community Center where the Wood Carver/Burners were holding their show. Elaine had entered 6 pictures and received 9 awards-----Jack had entered several carved items and also received awards, but not first place ones. They are both very talented and skillful. We stayed and looked for about one hour, is all. Several carved items were over 6 feet tall and were

most amazing. Home, and fixed dinner and ate. I read my email on Kay's computer. Played the game.

Feb. 20, Mon. - President's Day. Walked. Worked out in the pantry shed again. This time Kay packed up stuff in boxes & labeled them, so they are ready to put on the truck. Took another big load of stuff to the D.I. The neighbors think Kay should put their stuff out front and sell it but she doesn't want the hassle and besides, the church leaders have told us not to have yard sales, but to donate stuff to the D.I as it helps employee needy people in many ways. Moved almost all boxes and other stuff and washed the shelves, then replaced what needs to be there until they really move out. When Gary, Paul, Kris, Jeri and whoever come to load up the truck it will be good to have done what Kay and I have done ahead of time. Ate dinner, played the game. Watched Antiques Road Show, then a two hour special on Bill Clinton.....somewhat of an expose of his life with no coverup of his affairs. Surely shows how strong-willed and dedicated Hilary is as she is the one that salvaged his political career more than one time. There will be another two hours on Tues. As usual, I read my scriptures, then went to bed.

Feb. 21, Tues. - No walk as Casey's leg is grabbing again and she can only hobble. Paul emailed a picture of his burned arm and it is terrible.....there are still parts of his burned shirt stuck to his arm. Everyone tells him not to keep the burn covered, which sounds crazy to us.....we think he should keep aloe jelly on it as it is known as "the burn plant", and we have had good experiences using it for that purpose ourselves. Worked out in the shed again, then we decided to take naps, which I did, but when I got up I found that Casey had painted the west side of the shed where the paint was peeling, and it looks great.. I read several issues of "Mormon Times" that Lori sent me. Had dinner, played Mex. Train, then watched last two hours of special on Bill Clinton.

Feb. 22, Wed. - Temple, for my last time down here. ?????? Played Mex. Train. Watched the Presidential Debate at the Mesa Community Center. This was between Rick Santorum, Mit Romney, Newt Gingrich and Ron Paul and was interesting and worth watching.

Feb. 23, Thurs. Walked. Went for my hairdo and saw Melissa for the last time. I have really enjoyed my friendship with her these past 3 years. Gassed up the car. Cleaned out the cupboard above the table. Casey went through all the papers and games and etc. that were there and got rid of lots of stuff, and I washed the shelves. Then we did the same in the kitchen lower cupboards. She got more boxes packed ready to go. Took more stuff to the D.I. Decided to look for a blouse to go with her green pants (she didn't find one).. Spent most of an hour there. I bought two blouses and two sweaters for a total of \$14.00. Read the paper. Dinner, then played Mex. Train. The Home Teachers came and Don offered to let them come into his library-shed and take any books they would like and they were really pleased.....between the two of them they took about 50 books and Casey is delighted, and Don is happy they have a good home!. Had ice cream and tried to watch TV but there is NOTHING decent to watch. Typed in this journal.

Feb. 24, Fri. Walked. Once again Casey woke up early (3:00) and

couldn't sleep so she went out in the pantry-shed and boxed up more things to go home and labeled them. I didn't know she was doing that and slept until 5:00, and then as I couldn't see any light under the bedroom nor bathroom doors, I just stayed in bed until she came in at 5:45. She had put a big towel down to block the light so I wouldn't know.....what a character! Walked. Ate some breakfast then went into their bedroom and cleaned out all the shelves in the alcove where her computer used to be. It was LOADED with all types of paper, envelopes, records, pictures, office supplies and etc. We took them all out and boxed what she wanted to keep. Took down the mini-blind and she washed it in the tub while I cleaned behind it and the emptied shelves. That was a job-well-done and we were through by 9:45!! Wrote a check to Carol E for her birthday tomorrow, but have to wait to mail it until I get home where I have her address. It will be late but she won't really care as long as I haven't forgotten her. Came in the house, Casey napped and I wrote in journal, then read "The Message". Prepared dinner and just before we were through eating Dawn LeFoy (next door neighbor who is one of the Canadians) came over to tell me good bye.....she is so nice. Had a good visit with her, and before she left Dorothy (the lady who has bought the trailer) and her friend came to do some more measuring to determine where her own furniture will fit and etc. Kay let her know all the cleaning we have been doing and she is so pleased. She can hardly wait to get into HER home Cleaned up the dishes, played Mex. Train, Lori called to check up on the time she will pick me up at the airport tomorrow, watched a little bit of the awful news, got ready for bed. Read my scriptures then finished The Message, an inspiring little book.

Feb. 25, Sat. - Woke up at 4:45 and lay there until 5:15 then got up. Casey is still asleep so I am being quiet. She is sleep deprived all the time. No walk. Jeri will be here 9:45 and do whatever needs to be done to the computer and my journal, then will drive me to the

airport. Everyone takes such good care of me and I do so appreciate it! While I was packing my suitcases I found my little Old Testament "A Lamp Unto My Feet" book.....it was standing on edge, on the floor behind a leg of the armoire.....we had looked all around in that alcove and hadn't seen it. I am glad to get it back as I missed reading it each day.....this year will make 4 years of reading one page each day of the year. (It is now March 5th and I need to get back to my typing) Jeri, Casey and I went to the airport and it was very busy. They were with me until my bags were checked in then I was in line for security check-in for nearly an hour. I had planned to call Judy Owen but had left my cell phone in my purse which was in checked in luggage.....dumb! I lucked-out and got a window seat on the plane. Next to me was a 17 yr old boy who was part of a non-denominational Christian group who were going to SLC for a "service week". They were going to have discussions about Christ, the atonement and etc. with highschool and college seminary students. He and I had a good conversation almost all the flight. I enjoyed it and he did too. Lori brought me home and we had a good catch-up visit. She had lots going for the evening and after she left I unpacked and put away all my stuff.

Feb. 26, Sun. - Regular meetings. It is quite a shock to see our YOUNG Bishopric.... the bishop is 33 and his councilors are 27 and 25! Then the High Priests Group leaders have also been replaced with Josh Bowles, George Walkenhorst, Nick Jacobs and Dwight Nichols Many people welcomed me back and said I had been missed.....that's nice. Called Casey. Took a nap Went to L & C's for dinner and visiting and game playing. Got to talk to Marnie on the phone....she was alone and feeling lonely and I am sorry. She is doing very well in college, though. It was good to see all of them....the two boys "raced the car" but Charlotte chose not to this time, which is fine. All things come to an end sooner or later. Mark and Dixie gave Lori a new

dishwasher for an early birthday present and that is sooooo nice of them. It saves such a lot of time and is a big help to her. Called Jeanne and made an appointment to VT her Tues.

Feb. 27, Mon. - No walk. To Sears to pay my Discover Card. To See's for candy to thank the neighbors for looking out for my home while I was gone. To the library for a book to read for Book Group. To the bank to get a January bank statement. To Freddy VT and to find out about Teuni Tooley (her family have moved her out of her home.....it was necessary, but traumatic for her and I am sorry, sorry, sorry.) Doug didn't call nor come see me so I reconciled my bank account...YEA! Did other paper work. Jeanne called and canceled my visit for tomorrow as she has to take George for a cataract operation. Got a most delightful email from Carol Cash giving an update on their family.....all good stuff.

Feb. 28, Tues. - Walked in the mall. Got a birthday card ready to mail to Bradford. Called Joyce to get his address and we had a good visit. She is still Stake R.S. Pres and is very busy and learning lots of good things "outside her comfort zone". I am proud of her. Heather has a boy friend and they really like each other a lot, so I hope that turns into a marriage....she is now 30 yrs old so needs to "get with the program." Called Gwendolyn to check in with them and learned that Jimmy has a new girl friend and she will be coming to dinner on Sun so I will get to meet her. Gwendolyn thinks they are quite serious about each other. Drapers came HT/VT and it was good to see them again.

Feb. 29, Wed. - Temple, and did two endowment sessions. To Sunflower Market. Doug came today.....said he forgot on Mon as I have been gone and he got out of the habit. No talk with Casey today.....I didn't call her and she didn't call me. Watched a good

special on a family of elephants and then saw an account of the Japan tsunami that damaged their nuclear facility and also caused dreadful deaths and disasters .