

February 1, 2013 - Fri. - I to the temple for two Endowment Sessions. Home and called Kay. She was having bad pain and nausea so needed the other prescribed pills. Went to the pharmacy for them. At Kay's I thought I had locked my keys in the trunk so Linda Fitt drove me home to get my extra keys as the sidewalks were packed with snow and ice. But the keys were not in my trunk after all. So I looked and looked all over Kay's house everywhere I had been.....no keys. Was just going to leave but leaned over to pick up a piece of litter and saw the keys *under the stove* ! They had to have been bumped off the counter and then pushed under the stove some way and were not visible from a standing position. I feel it was "a tender mercy" I found them. Gave Don his birthday present, which was two boxes of dark chocolate covered orange sticks.

Feb. 2, 2013 - Sat. - Walked. Ate breakfast. Had a long talk with Jackie. Down to Kay's. Did the dishes then used the electric broom on the floors.....the vacuum is too heavy to use. Home, and popped corn to make PCBs for Mark's birthday. Clint called and they will be coming to Utah in April.

Feb. 3, 2013 - Sun. - Regular meetings. Birthday celebration for me at Doug's and Gwendolyn's..... 14 there.

Feb. 4, 2013 - Mon. - No walk. Washing. Doug poured the syrup while I mixed the popcorn to make balls. PCB's turned into caramel corn again.....guess I've lost the knack. Antiques Road Show.

Feb. 5, 2013 - Tues. - Walked. Mailed caramel corn.

Feb. 6, 2013 - Wed. - Temple. Went to Anderson GMI and

signed up for car and house insurance through them as Keith knows the man and I can get the same amount of coverage for about \$700.00 less a year

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Feb. 7, 2013 - Thurs. - No walk. Hairdo. Doug came for usual. Larene Roberts and I went to the Tesla Quartet and enjoyed it and our being together. I watched "Downton Abbey" at 11:00 PM. It is always full of action and I love it!

Feb. 8, 2013 - Fri. - No walk. Don was taking his breakfast from the kitchen to his computer desk, where he always eats his meals, and spilled everything on the floor.....what a mess. Casey got up and proceeded to clean it up. She has cleaned carpets through the years and knows how to do it and I never have and she shooed me away when I tried to help. I felt like a real dummy!

Feb. 9, 2013 - Sat. - Walked. I received 7 birthday cards and a floating balloon. Spent time with Casey. Read a Readers Digest book and got in bed at 2:00 AM.

Feb. 10, 2013 - Sun. - Regular meetings. Birthday celebration for me at Chris & Lori's. She made me a spice cake with caramel icing, which is my, (and Merlin's favorite.....I wonder what we eat in the spirit world?) They gave me a pair of purple garden shoes, an intense orange Lindt candy bar...YUMM!, and a great family photo. We played Speed Scrabble then watched "Downton Abbey part 6. Good-time day.

Feb. 11, 2013 - Mon. - Walked. Spent time with Casey. Omega XL came so I started using it, can't tell any noticeable improvement in flavor and it will take time to see if it is better. News Hour, Antiques Road Show.

Feb. 12, 2013 - Tues. - Walked. Visited Casey. She does not seem to be any better. Drapers came HT/VT and also brought me a birthday gift. They are very thoughtful and nice.

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Feb. 13, 2013 - Temple. Visited with Casey. Went to see Dr. Chandramouli and my blood work was all OK.....no need for a Retuxin treatment and that is great. Next appointment Feb. 2014. Went to the bank and to Walmart. Washing. Saw Nature: "Wolves and Buffalo" and Nova: "Earth from Space". I am glad for PBS as there is nothing worth watching on commercial TV. Gwendolyn went to CA to visit with Gordon and celebrate his birthday. John called and was able to fix my computer problem...thank heaven for him and his help! Some of the Young Women and a leader came by to visit, and to bring me some cupcakes for my birthday...very nice of them.

Feb. 14, 2013 - Thurs. Walked. Hairdo. Reams, Bed Bath and Beyond where I bought a bed wedge which I hope will help me sleep better. Doug came and instead of eating lunch at home we went to Sweet Tomatoes as I had a free meal because of my birthday, and then we used my gift card to pay for Doug's...compliments of Mark and Dixie. Doug paid the tip. It was a delicious meal and a fun time together. Lisa gave me a plate of Valentines cookies and a "Tinkerbelle" erasure....she is thoughtful and the cookies were good. Went to bed at 7:00 PM.....set the alarm for 11:00 to see "Downton Abbey", part 6 again with closed captioning and got what I had missed Sunday at L & Chris".

Feb. 15, 2013 - Fri. - Walked. Visited with Casey. Emailed Judy and Andrew. Received a birthday gift from John & Joyce.....all 3 seasons of Downton Abbey....YEA!!!! I am excited to have them as I will watch them over again and probably several times!

Feb. 16, 2013 - Sat. - Walked. Took Downton Abbey, Season 1 down to Casey and hope she will be able to watch it. To library but they didn't have any of the books for Book Group. Got "Sundays at Tiffanies"

Came home and read the entire book.

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Feb. 17, 2013 - Sun. - Regular meetings. The Bowles family were the speakers and Josh & Cathy gave good talks. Cathy and their two adopted Chinese boys sang "I Am a Child of God", and it was precious. I chose to stay home the rest of the day. Watched Downton Abbey, the final part so as to have closed captioning. The final scene is THE PITS!!!!!! They killed off one of the most important people in a car accident!! I can't believe the producers would do such an awful thing then leave us hanging for a whole year before we know what happens next.

Feb. 18, 2013 - Mon. - Walked. Visited Casey.....we need our time together even though it is not a happy time. She is not getting any stronger. Home, washing, read scriptures as almost every day. Doug came for lunch and visit, and put a new washer in the bathroom sink. It only took him 10 minutes and it has been dripping for weeks, so I am glad that is done. Talked with Lori. Watched Antiques Road Show. In bed by 8:30.

Feb. 19, 2013 - Tues. - Walked in the mall and Joyce Rachlin was there so we walked together. Vera (her mother-in-law) is mellowing towards the church.....amazing! Freddy and I went VT to Arline Wright, which is always enjoyable as we are good friends. Watched News Hour, then a special, On the Edge: "Mental Health in Utah". At 8:30 I realized I had forgotten to go to a special R.S. activity, "Chocolate, Chocolate, Chocolate"..... what a dumb goof..... I was looking forward to going! Went to bed at 9:00..... mad at myself!

Feb. 20, 2013 - Wed. - Temple. On the way home I went to an out-of-the-way store to buy a gasket for my leaking blender. Took termite killer back to Regan Chemical as I don't need it. Located the building for collecting old batteries and other solid waste stuff. Had a long visit with Casey. She is drinking a special tea that has made her bowl finally work, so she feeling a wee bit better. John called on his commute home.

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Watched News Hour and Nature: "A Murder of Crows".

Feb. 21, 2013 - Thurs. - Walked. No hairdo as James Hancey is getting another operation on his troublesome ankle. Poor guy is in so much pain!

Visited with Casey. News Hour. "Support Your Local Sheriff".

Feb. 22, 2013 - Fri. - No walk....too much snowing. Talked with Casey on the phone. Ate my last bottle of peaches...they tasted good even though they were from 2007. Sorry they are all gone as I will probably never bottle any more. Stopped snowing so I went to Smith's for groceries for me and for Kay. Keith came and I repaired a shirt button hole for him. He got an extra car key made for me to hide on the car with a magnet but it was hard to find metal to attach it to.....lots of plastic in cars now. He and Lorena were going to the Sizzler with friends. He asked me to put hems in the legs of two pair of pajamas for Lorena, which I will do.

Feb. 23, 2013 - Sat. - Walked. Casey was really sick and threw up many times during the night.....Don, also. They don't know what brought that on but think it might be some sugar free chocolate Charly bought as he also felt sick but didn't throw up. Snowed off and on all day. I read two stories in Readers Digest books. Keith and Lorena invited me to go see "Lincoln" but I chose to stay home as there is too much snow packed on the streets.

Feb. 24, 2013 - Sun. - (nothing written on my calender)

Feb. 25, 2013 - Mon. Walked. Casey to St. Mark's for a blood draw.

Feb. 26, 2013 - Tues. - (nothing written on my calender)

Feb. 27, 2013 - Wed. - Temple. I felt a little nausea. Visited Casey.

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Home, and changed clothes and went to bed. Drank soda in water to settle my stomach. Did this several times. At midnight I changed into my pajamas and went back to bed.

Feb. 28, 2013 - Thurs. - Woke up at 5:30, went back to sleep.....Kay called me at 7:45 and I answered the phone so finally stayed up. Drank my nutrition drink. No walk. Hairdo. James had another operation on his ankle. Washing. Doug came for a couple of hours. I feel "wiped out".....no appetite. Jasmin stayed with Casey over night and has plans to take care of her now that Charly has gone. Kay has to have someone there over night and I just can't do it, so I hope Jasmin can....her intentions are in the right place, but she is very young to take on such a demanding job.