



John Larsen <theclaw56@gmail.com>

A letter from Dad: 29 Aug 2011

John Larsen <john@larsen-family.us>

Sat, Aug 27, 2011 at 10:56 PM

Reply-To: john@larsen-family.us

To: Phillip Larsen <phillip.larsen@myldsmail.net>

Cc: joyce@larsen-family.us

Hello Dear Phillip,

I'm writing this on Saturday evening and will send it Saturday too. Hurricane Irene is moving up the East Coast right now and will hit us Sunday morning and pound us all day long. It is a category 3 storm right now. States of emergency have been declared for MA and NH so people are supposed to stay off the roads on Sunday. President Coopride has cancelled all church meetings on Sunday so we will be home. I'm sending this email on Saturday to be sure it gets to you just in case the power goes out or lines are down and the internet is out. I'm hoping none of that happens, but better to be safe than you not getting any email!

FACEBOOK FRIEND REQUEST:

Jordan Meireles. See attached picture.

ANSWERS TO QUESTIONS:

Your Nerf guns are still in the closet in your old room. Eventually they will make it downstairs I suppose.

Anaemic is when there isn't enough iron in the blood. That means the blood can't hold enough oxygen. My iron levels have returned to normal. I was able to donate blood at the 5th annual Stanford Memorial blood drive on Friday, Aug 26th.

NEW STUFF:

Geoff and Kelly went to the temple for their endowments on Saturday, Aug 27th. After that they were sealed and their daughter (Lydia?) was sealed to them. Apparently the 27th was three years to the day of their first date. A lot of living has gone on for them. I'm very happy that they have worked hard and qualified themselves for these blessings and covenants.

On the 23rd Jonathan flew back to VA and then on to NM. I drove him to Logan Airport in the morning and then went from there to work. The night before we went to "The Big One" for ice cream for FHE. I took a few pictures there that are attached. It was fun to go there, but it always is a bit emotional for me because I think of going

there with Stanford the summer of 2006. There are pictures of that in the slide show.

We really enjoyed having Jonathan with us for the ten days he was here. He fits right in to the routine of our family. That must be one of the reasons why we like the Wilsons so much, their pace of life is like ours.

Attached are pictures of the current state of your old bedroom. As you can see, it is FULL of stuff. Also attached are pictures of your new bedroom in the basement. It isn't quite done yet as there are still some boxes in there. However, it was in good enough shape for Jonathan to use. (Heather is sleeping over tonight and will be sleeping in that room because Rachel is also sleeping over and is in the drawer in Julia's room.)

Joyce (and Rachel and Julia) took Winston to the vet again Saturday morning. Friday when I woke up his food bowl was still full. He hadn't eaten anything all night long and didn't eat anything during the day Friday. That's a concern because he has already lost 1/3 of his body weight. Joyce called and made an appointment for Saturday. He started eating some late Friday and Julia was able to get him to eat some "wet food". The vet said Winston has lost another half pound. We went ahead Saturday and had blood drawn for lab work. Joyce can explain more which tests are being done, but we're hoping to figure out what is wrong so it can be treated.

I didn't do very well with the gym this week. On Sunday, Aug 21st, I was up very late writing an email to you so I slept in until 7:00 AM on Monday and skipped the gym. I drove Jonathan to the airport on Tuesday so missed the gym that day. I went Wednesday and then rode my bike in Mine Falls Park on Thursday. On Friday I skipped the gym again so I could go to work earlier so I could leave at 4:00 PM for the blood drive at the church. Anyway, I want to do better with that. School starts on Wednesday, Aug 31st, so that will force the issue of the schedule. We'll have a reason to get to bed at a decent time and that will make things easier in the mornings.

The blood drive was kind of small this year. They got 21 units of whole blood and 8 units of platelets (I think that's what it was). They have changed their policy and couldn't put Stanford's name on the posters without permission. We didn't know about that until the day of the drive. We will do better next year and make sure it is advertised better. Next year I will also set up the projector and show the slide show again. Hopefully we'll remember to do all these things in a year!

As I mentioned, I was able to donate blood this time. I've been anaemic for the past three years. It finally got so bad that in December I was unable to donate. I then took some iron supplements for 60 days. My annual physical was this month and my numbers are all back to normal. So, that is good news. I also found out that I will still be eligible to donate blood even after a trip to Egypt. There are certain areas of Africa

that if you even go there for a few days that it disqualifies you for the rest of your life. David Ogden spent some time in Liberia and can't donate blood ever. That made me worried so I asked about Egypt and they said that's an okay country.

I finished all the pod casts for "The Joseph Smith Papers" this pas week. There were 93 total episodes at about 28 minutes each. I really enjoyed hearing all that stuff. It was kind of like attending 93 short Institute classes. I have a much greater appreciation for Joseph Smith and for all the valiant early church leaders. Amazing stuff!

I'm now listening to the Book of Mormon picking up where I left off in 3rd Nephi. I'm now in 4th Nephi and hope to finish the BofM again this week. Then it will be time to listen to April General Conference again in preparation for October conference. I also have some Ensigns to listen to. I really like doing that, listening to Church stuff.

I finally wrote my mormon.org profile. Since it is on a church website you might be allowed to go see it. However, I max'd out the character count in every entry so it is probably too long. [Here is the link to my profile](#). Brother Cole and McKayla Scott also have profiles on there. If you search on "New Hampshire" they show up. The full time missionaries in our ward gave the 5th Sunday combined lesson in PH and RS. They did a great job presenting and one of the things they asked us to do was create a profile on mormon.org. So I did!

Well, it grows late here and I'm quite tired. I'll send this off so you will for sure have email from home. If the power and internet are still up on Sunday then I'll send an update email then.

Love you,

Dad

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John R Larsen <john@larsen-family.us>
<http://larsen-family.us>

16 attachments



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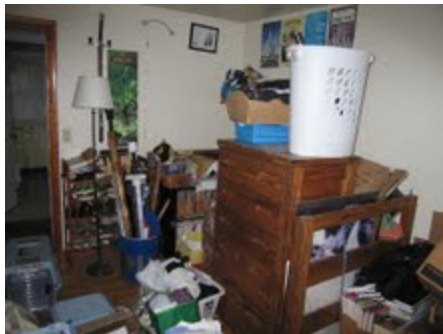
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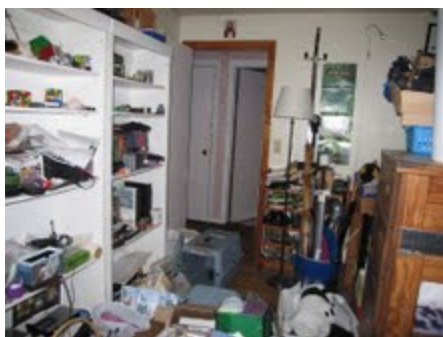
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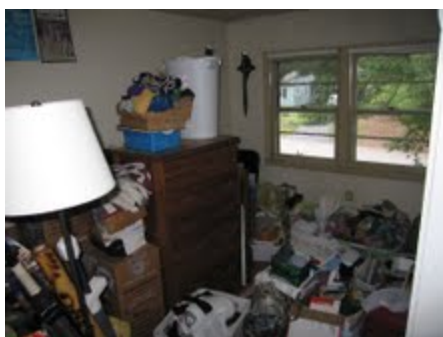
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